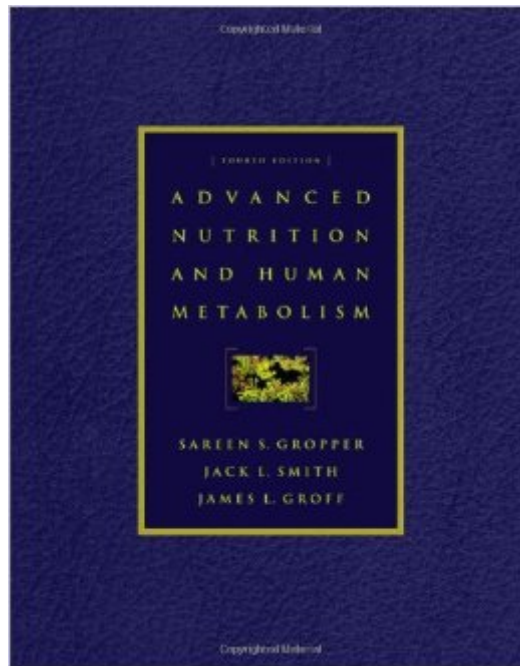


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# Advanced Nutrition And Human Metabolism (with InfoTrac)



## Synopsis

The leading and most current text available for the capstone level undergraduate nutrition course, *Advanced Nutrition and Human Metabolism*, Fourth Edition provides a sophisticated understanding of digestion, absorption and metabolism of fat, protein and carbohydrates. It covers the biochemistry of vitamins, minerals, and energy nutrients. In addition, the text examines the structure and function of water-soluble and fat-soluble vitamins and their regulatory role in metabolism, looks at electrolyte and fluid balance, and examines the role of nutrition in the development or exacerbation of chronic disease. This text continues to set the hallmark for this course through the authors' ability to clearly and accurately explain even the most complex metabolic processes and concepts.

## Book Information

Hardcover: 624 pages

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Product Dimensions: 11.1 x 8.8 x 1.1 inches

Shipping Weight: 3.2 pounds

Average Customer Review: 4.1 out of 5 stars [See all reviews](#) (7 customer reviews)

Best Sellers Rank: #172,754 in Books (See Top 100 in Books) #20 in [Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Endocrinology](#) #51 in [Books > Textbooks > Medicine & Health Sciences > Nursing > Clinical > Nutrition](#) #68 in [Books > Medical Books > Nursing > Medical Nutrition](#)

## Customer Reviews

This book is great for those involved in healthcare and disease. Learn how nutrition affects disease prognosis. What steps affect cellular metabolism and build a path for better health. What steps are needed to enhance your body's use of nutrition supplements? This book leads you through metabolism and the chemical path in the human cell to increase your body's use of vitamins and co-factors. Great book for those working on a Masters or PhD in medicine, nutrition, public health, and other related fields.

I purchased the book and received it very quickly. Saying it was in very good condition is slightly over exaggerated. The pages were in pretty good shape but the cover was not. It is a hard back

book that is completely faded and scratched up. There was residue from old tape or stickers on the front of the book that makes everything sticky and stick to it. The title and description also says it comes with infotrac. The cardboard insert was in there but it had already been opened and the code had been used. Therefore it was not included as it won't work. The book itself contains good information though and really does help with a Metabolism class. I am able to use this older edition because it contains a lot of the same information.

My only complaint is that the pages are as thin as tissue paper, otherwise it is a superb text. I mostly bought it to silence my mother who is a big Adelle Davis fan. For those out there who aren't ancient enough to remember that hypocritical nutritionist, she had a series of bestsellers in the '60's, but smoked and died from cancer. Anyway this book did the trick--mom quit giving me crackpot advice about vitamins.

Excellent textbook. Full of info

shipped fast, good packaging, served its purpose for a class using a newer edition of the book. At a good price, what more could you ask for?

I found explanations of the pathways to be OK. However, some of the information needed to be further explained and some of the information seemed to be contradicting.

A real textbook. Food science to it's fullest. Kira Levy Naturopath

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